

# Instructions for Ordering Cabotegravir – ARUP Test (Test Code: 0097101)

## 1. Client Status

- **If your facility is an ARUP Laboratories client:**
    - Contact your **Send-Outs Department** to coordinate specimen submission.
  - **If your facility is not an ARUP client:**
    - Select one of the following options:
      - Submit a **client request** to establish services with ARUP: [ARUP Client Request Form](#)
      - Identify a **local ARUP client facility** that can submit the specimen on your behalf.
    - Contact **ARUP Client Services** if assistance is needed.
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## 2. Specimen Collection Requirements

- **Specimen Type:**

Plasma from blood collected in **lavender top (EDTA) tubes**  
(including Tasso+ lancet collections into microtainer EDTA tubes)
  - **Stability:**
    - Stable as whole blood or plasma at **room temperature for up to 7 days**
    - Temperature deviations (<24 hours) up to **50°C** are acceptable
  - **Minimum Volume:**
    - Whole blood: **100 µL**
    - Plasma: **50 µL**
  - **Reference Range:**
    - **Trough level ≥ 664 ng/mL**
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## 3. Test Ordering Instructions

- ARUP Laboratories can assist with forwarding **Cabotegravir testing** to **Columbia University Irving Medical Center** if needed.
- **To Order:**
  - Submit the test using the **miscellaneous test process**
  - Ship the specimen under the **longest allowable stability conditions**
  - Contact **ARUP Client Services** or your **Account Executive** for assistance
- **Include the following in a footnote (order and/or packing list):**
  - Full test name
  - Performing laboratory
  - Test code (if applicable)